



Athletics Department

WARNING AGREEMENT TO OBEY INSTRUCTIONS, RELEASE ASSUMPTION OF RISK, AND AGREEMENT TO HOLD HARMLESS FOR ATHLETIC PARTICIPATION

Name of Athlete (Last, First): _____ Date of Birth: _____

The following must be carefully read and signed by both the parent/guardian and the athlete.

<i>Above named athlete is interested in the following sports during the 2018 – 2019 school year:</i>					
Fall		Winter		Spring	
Football	Cross Country	Basketball, Boys	Basketball, Girls	Baseball	Cheerleading
Cheerleading	Tennis, Girls	Cheerleading	Wrestling	Golf	Track & Field
Water Polo, Boys		Soccer, Boys	Soccer, Girls	Softball	Swimming
Volleyball, Girls		Water Polo, Girls		Tennis, Boys	Lacrosse

ATHLETE ACKNOWLEDGEMENT: I am aware playing or participating to play/participate in any sport can be a dangerous activity involving MANY RISKS OF INJURY. I understand that the dangers and risks of playing or participating to play/participate in the above sport(s) include and are not limited to: death, serious neck and spinal injuries which may result in complete or partial paralysis, brain damage, serious injury to virtually all internal organs, bones, joints, ligaments, tendons, muscles, and other aspects of the muscular and skeletal systems, and serious injury or impairment to other aspects of the body, general health and wellbeing. I understand that the dangers and risks of playing or participating to play/participate in the above sport(s) may result not only in serious injury, but in a serious impairment of my future abilities to earn a living, to engage in other business, social and recreational activities, and generally to enjoy life.

Because of the dangers of participating in the above sport(s), I recognize the importance of following coaches' instructions regarding training, playing techniques, and other team rules, etc., and to agree to obey such instructions.

In consideration of the Catholic Diocese of San Bernardino permitting me to try out for the Notre Dame High School athletic program in the sport or sports circled above and to engage in all activities related to the team(s), including but not limited to: trying out, training, participating or playing in that sport or these sports. I hereby assume all the risks associated with participation and agree to hold the Diocese of San Bernardino, Notre Dame High School, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, cause of action, debts, claims, or demands, of any kind and nature whatsoever which may arise by or in connection with terms hereof shall serve as a release and assumptions of risk for any heirs, estate, executor, administrator, assignees, and for all members of my family.

The following is to be completed only if the sport you are participating in is football, wrestling or baseball: I specifically acknowledge that _____ (indicate sport(s)) I am playing and participating in is/are a Violent Contact Sport(s) involving even greater risk of injury than any other sport (s).	_____ Athlete Initials
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Signature of Athlete: _____ Date: _____



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PARENT/GUARDIAN ACKNOWLEDGEMENT: I state that I am the parent/guardian of the above named athlete. I have read the warning and release and understand its terms. I understand that all sports can involve many RISKS OF INJURY, including, but not limited to those risks outlined previously.

In consideration of the Catholic Diocese of San Bernardino permitting me to try out for the Notre Dame High School athletic program in sport(s) team(s) as indicated and to engage in all activities related to the team(s), including but not limited to: trying out, training, participating or playing in that sport or these sports. I hereby assume all the risks associated with participation and agree to hold the Diocese of San Bernardino, Notre Dame High School, its employees, agents, representatives, coaches, and volunteers harmless from any and all liability, actions, cause of action, debts, claims, or demands, of any kind and nature whatsoever which may arise by or in connection with terms hereof shall serve as a release and assumptions of risk for any heirs, estate, executor, administrator, assignees, and for all members of my family.

baseball: I specifically acknowledge that _____ (indicate sport(s)) my athlete is playing and participating in is/are a Violent Contact Sport(s) involving even greater risk of injury than any other sport (s).	<hr/> Parent / Guardian Initials
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Signature of Parent/Guardian: _____

Date: _____