



Athletics Department

HELMET WARNING FORM

No helmet can prevent all head or neck injuries a player might receive while participating in any practice or contest. Do not use this helmet to butt, ram, or spear an opponent player during a contest or team member during practice. This is in violation of the football rules as mandated by the National Federation and State High School Athletic Association. Improper or illegal use of this helmet can result in severe head or neck injuries, paralysis, or death to you and/or opponent.

I certify that I have read and understand the helmet warning stated above.

Name of Athlete (Last, First): _____

Signature of Athlete: _____ Date: _____

Name of Parent/Guardian (Last, First): _____

Signature of Parent/Guardian: _____ Date: _____

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